

Sample School District Policies

Students at risk for anaphylaxis benefit from a school district policy that coordinates a planned response in the event of an anaphylactic emergency. The outline for a sample policy and links to policies can be found below. These policies relate to the care and response to anaphylaxis and address the use of epinephrine in the school setting. For a full food allergy management plan, see the CDC's document, *Voluntary Guidelines for Managing Food Allergies in Schools and Early Care and Education Programs*.

State laws and nurse practice acts differ from state to state, so each school district and each school nurse must ensure before enacting any policy that it is consistent with applicable state laws and regulations, including those governing delegation.

Comprehensive Anaphylaxis School Policy

School districts and schools need to prepare for school anaphylactic reactions in all children and youth-with or without a prior history of allergies considering state and local laws, policy, and protocols. A comprehensive school policy should address these elements:

1. Individuals covered, including those with first-time anaphylaxis emergencies,
2. School programs and environments covered,
3. Epinephrine;
 - a. School prescription and standing order, (see XX)
 - b. Stock Locations, usually multiple,
 - c. Ensured secure access,
 - d. Stock supply-dosages, number of doses,
 - e. Procurement-initial and periodic,
 - f. Disposal-after use and expiration,
 - g. Administration and documentation,
 - h. Reporting (see XX)
4. Individuals authorized to administer,
5. Emergency protocol for administration (see XX)
6. Education, training, notification;
 - a. When to administer,
 - b. Who will be educated,
 - i. *Every staff member needs to be trained to know the signs and symptoms of anaphylaxis and know how to initiate the emergency protocol*
 - c. Levels of education to be provided,
 - d. Parent notification
7. Communication plan district, school, parents, health care provider, EMS, community (a part of a school's all-hazard emergency plan)

Sample Policies

Maryland Department of Education and Department of Health and Mental Hygiene -

Local policy requirements:

http://www.marylandpublicschools.org/NR/rdonlyres/8D232316-E7C2-4A7A-91E2-009E3D36F95C/33209/FAQ_AnaphylaxisGuidanceDoc_08242012_.pdf

Michigan State Board Of Education - Addendum To The 2002 Model Policy And Guidelines For Administering Medications To Pupils At School Guidelines For Responding To An Anaphylaxis Emergency At School:

http://www.michigan.gov/documents/mde/Epi_Addendum_6-18-14_461400_7.pdf?20140801084835

Nebraska Department of Education - Emergency Response To Life-Threatening Asthma Or Systemic Allergic Reactions (Anaphylaxis):

http://www.sos.ne.gov/rules-and-regs/regsearch/Rules/Education_Dept_of/Title-92/Chapter-59.pdf

Virginia - Sample Anaphylaxis Policy:

http://www.doe.virginia.gov/support/health_medical/anaphylaxis_epinephrine/

Search for local and state epinephrine/anaphylaxis laws, policies, and protocols:

Local District Policy: Go to District website, select policies, and search for anaphylaxis/epinephrine

State Departments of Education: <http://www2.ed.gov/about/contacts/state/index.html>

State Departments of Health: <http://www.cdc.gov/mmwr/international/relres.html>

Resources

Centers for Disease Control and Prevention: Adolescent and School Health: *Food Allergies in School and Voluntary Guidelines for Managing Food Allergies In Schools and Early Care and Education Programs and Food Allergy Guidelines FAQ.*

Centers for Disease Control and Prevention. Washington, DC: US Department of Health and Human Services; 2013. <http://www.cdc.gov/healthyyouth/foodallergies/index.htm>

National Association of School Nurses: Food Allergy and Anaphylaxis: An NASN Tool Kit.

CDC, FARE, NSBA, and NASN, 2014 guidance and resources for food allergy and anaphylaxis management in the school setting including a sample District and Support Policy Checklist. <http://www.nasn.org/ToolsResources/FoodAllergyandAnaphylaxis>

National Association State Boards of Education: *Discussion Guide Anaphylaxis and Schools: Developing Policies for Treating Students with Severe Allergic Reactions.*

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http://www.nasbe.org/wp-content/uploads/Anaphylaxis-Discussion-Guide_10-30-13.pdf

National School Board Association: *Safe at School and Ready to Learn: A Comprehensive Policy Guide for Protecting Students with Life-Threatening Food Allergies (2nd ed.)*.

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<http://www.nsba.org/safe-school-and-ready-learn-comprehensive-policy-guide-protecting-students-life-threatening-food>